



# Sisters of Life

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*Young Adult Retreat —*  
*New Life in Christ: the Heart*  
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- LOCATION: **The Valley of the Mother of God**  
**953376 – 7<sup>th</sup> Line EHS, Mono ON, L9W 6E8**
- DATES: **November 16<sup>th</sup> – 18<sup>th</sup>, 2018**
- WEEKEND INCLUDES: Led by Fr. James Brent O.P and Fr. Gregory Pine O.P (from the Dominican Fathers of the Province of St. Joseph), the retreat focuses on the mystery of *new life in Christ* and the Lord's promise "*I will give you a new heart...*". The retreat will include: conferences given by the Dominican Fathers, opportunities for prayer, Eucharistic Adoration, Mass on Saturday and Sunday, opportunities for Sacramental Confession, and fellowship with other young adults.
- COST OF THE RETREAT: \$60 per participant, payable by cash or cheque.
- If something changes and you are unable to attend, please let us know as soon as possible.*
- DRESS CODE: Modest dress throughout the weekend, with appropriate clothes for Sunday.
- THINGS TO BRING: Bible, rosary, journal, alarm clock (*you may want a retreat from your phone for the weekend!*), and sneakers/casual shoes for walking. Towels and sheets are provided.

Arrival begins at 6:00pm on Friday night with the retreat beginning at 7:00pm. (\* Dinner will not be provided Friday evening and please note there are no restaurants near the retreat centre. It may be helpful to eat dinner before you arrive.) The retreat ends on Sunday, about 1:00pm, after the Holy Sacrifice of the Mass and brunch. If you have any questions, please feel free to call us: 416-463-2722

## TRANSPORTATION:

BY CAR: *The Valley of the Mother of God, 953376 – 7<sup>th</sup> Line EHS, Mono ON, L9W 6E8*

### **Directions starting from the intersection of Hwy 9 & Airport Road:**

Drive 3.5 KM past Hwy 9 on Airport Road North until reaching 5 Side Road.

Turn right onto 5 Side Road.

Drive East on 5 side road for 1.4 KM until reaching the first stop sign.

Turn left onto 7th Line EHS.

Drive 1.9 KM North on 7th Line EHS.

The entrance of the Valley will be on your left hand side. Drive 300 meters to reach the main building.