



# Sisters of Life

Women's Retreat —

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- LOCATION:** St. Francis Retreat Centre, 208501 Highway 9 Caledon, Ontario L7K 0A8
- DATES:** March 8<sup>th</sup> – 10<sup>th</sup>, 2019
- WEEKEND INCLUDES:** Introduction to prayer, extended periods of silence, Eucharistic Adoration, Mass on Saturday and Sunday, conferences by Sisters, opportunities for Sacramental Confession, opportunity to meet with a Sister.
- COST OF THE RETREAT:** By donation.  
The cost to the Sisters of Life for this retreat is \$225 per participant. We welcome a donation to cover any portion, or the full amount, of this retreat cost, according to your financial capacity.
- RETREAT DEPOSIT:** A deposit is requested to complete your registration. Please send a portion of your total donation, along with a printed copy of your registration form, to the address below: (checks can be made payable to the Sisters of Life)  
Sisters of Life  
659 Markham Street  
Toronto, ON  
M6G 2M1  
*If something changes and you are unable to attend please let us know as soon as possible.*
- DRESS CODE:** Modest dress throughout the weekend, with appropriate clothes for Sunday.
- THINGS TO BRING:** Bible, journal, alarm clock (*you may want a retreat from your cell phone!*), sneakers and casual shoes for walking. Towels and sheets are provided.

Arrival begins at 6:00pm on Friday night with the retreat beginning at 7:00pm. (\* Dinner will not be provided Friday evening. It may be helpful to eat dinner before you arrive.) The retreat ends on Sunday after the Holy Sacrifice of the Mass and noon lunch, about 1:00/1:30p.m..

If you have any questions, please feel free to call us: 416-463-2722

## **TRANSPORTATION:**

**BY CAR: St. Francis Centre, 208501 Highway 9 Caledon, Ontario L7K 0A8**

When driving on Hwy 9, it is very easy to miss the sign for the St. Francis Retreat Centre. Here are a few details:

Coming from the east, **driving west on Hwy 9:**

- You can easily miss the centre because the road curves and it is right after the bend in the road. After you pass Glen Haffy Road, slow down. *If you get to Airport Rd (you will see a PetroCan Gas Station) you've gone too far.*

Coming from the west, **driving east on Hwy 9:**

- The sign is easier to spot. You will see it after you cross Airport Rd. *If you hit Glen Haffy Road you've gone too far.*