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Sisters of Life

— Retreats at Villa Maria Guadalupe —

LOCATION: Villa Maria Guadalupe, 159 Sky Meadow Dr. Stamford, CT

Retreat begins with dinner on Friday night at 6:30pm, and concludes after Mass and brunch on Sunday, around 1p.m.

WEEKEND INCLUDES: Introduction to prayer, Eucharistic Adoration, Mass on Saturday and Sunday, conferences by Sisters, opportunities for Sacramental Confession, opportunity to meet with a Sister, and fellowship with women walking with the Lord.

DONATION: A donation is requested to help cover the cost of the weekend. If something changes and you are unable to attend please let us know as soon as possible.

DRESS CODE: Modest dress throughout the weekend, with appropriate clothes for Sunday.

THINGS TO BRING: Bible, journal, sneakers and casual shoes for walking. Towels and sheets are provided.

- Arrival begins at 5:30 p.m. on Friday night and dinner will be available from 6:30 p.m.-7:30 p.m. The retreat concludes after Mass and brunch on Sunday, around 1p.m. Please make your travel arrangements accordingly, in order to be able to attend the whole retreat.

TRANSPORTATION:

BY TRAIN/BUS:

There will be a 6:30 p.m. pick-up at the Stamford Train Station. For those from or arriving into New York City, Metro-North and Amtrak trains depart from Grand Central Station into Stamford regularly. If you would like to arrive earlier, there are taxis and a bus service from the Stamford station. Please wait by the TAXI pick up closest to the parking garage. On Sunday there will be a drop-off around 1:30 p.m.

BY CAR: Villa Maria Guadalupe; 159 Sky Meadow Dr., Stamford, CT 06903

Phone: 203.329.1492

From the South

- take the Hutchison River Parkway North (becomes the Merritt Pkwy in CT)

From the Merritt Parkway, coming North or South

- Take **Exit 35** (High Ridge Road) and make a **left** at the traffic light
- Go ~2 miles (pass the Arboretum on your left)
- You'll see a small white sign on the right for *Villa Maria*
- Make a Left on **Sky Meadow Drive** (which is immediately after the white sign)
- Go 0.3 miles up the hill and turn right into the driveway